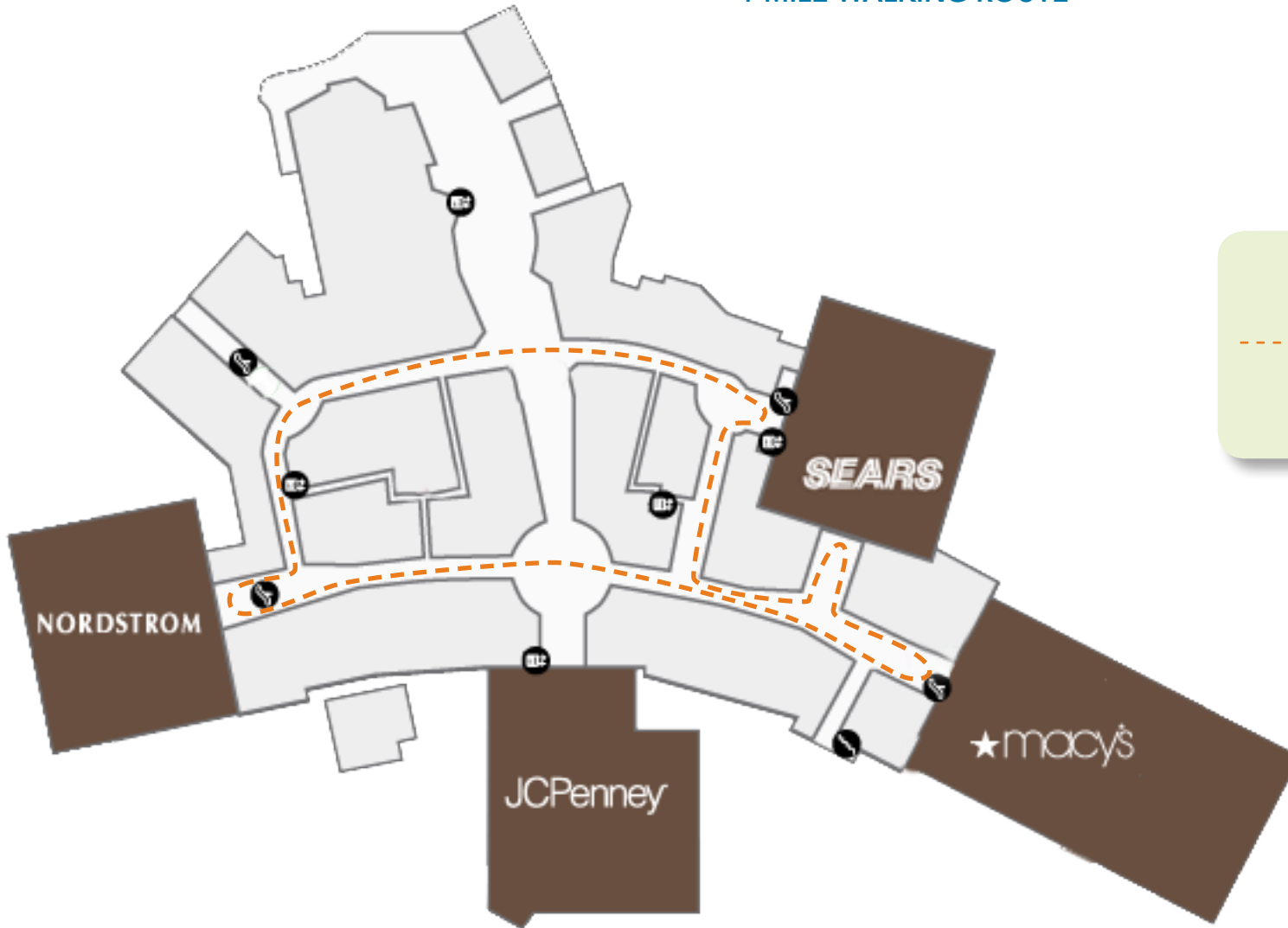


# walk TO thrive

powered by KAISER PERMANENTE

## 1 MILE WALKING ROUTE



**Walking Route:**  
Each floor has a .5 mile walking route.  
Complete the loop on both floors for a 1 mile walk.